



FOR IMMEDIATE RELEASE: JULY 22 2015

OHO Seminars  
Media Contact: Kamal Polite, A.P. DOM C.H.E.  
[press@ohoseminars.com](mailto:press@ohoseminars.com)  
[www.ohoseminars.com](http://www.ohoseminars.com)

OHO Seminars Announces its Non Professional Programs are Available Worldwide  
Restoring People's Connection to Life Through Engaging Seminars

**Winter Park, FL** OHO Seminars is now available to everyone globally via [ohoseminars.com](http://ohoseminars.com). The non professional courses were created to help connect people back to their inner nature through exercise regime and nutrition by offering 35-55 minute sessions with our founder to discover one's Body Type™, history, and personal goals as well as subscriptions detailing specific exercise systems. An individual track is developed for each person during these consults. This experience transforms and revolutionizes the way life is engaged and provides a focus for individuals looking for clarity and purpose.