



OHO
PUBLISHING



Dr. Kamal Polite

DCEM · DOM · AP · CHE

Credentialing Dossier

Author of

The Missing Half of Your Blood Test

01 · AT A GLANCE

Identity & Credentials Summary

A one-page snapshot of Dr. Polite's clinical authority, suitable for media use and professional reference.

Dr. Kamal Polite, DCEM, DOM, AP, CHE is a Florida Board Certified Acupuncture Physician with 30 years of clinical practice and a Doctor of Chinese Energetic Medicine. His credentials span the conventional and the classical: a Master of Oriental Medicine from a U.S. accredited program, hospital-based clinical training in Shandong Province, China, and a six-year doctoral program in Daoist energetic medicine awarded through the Bian Hua Gong Daoist Temple. He has taught at M.D. Anderson Cancer Center of Orlando, served as Continuing Education provider for the Florida Board of Acupuncture, and is the founder and lead presenter of **OHO Seminars**, an educational organization training both Eastern and Western professionals as well as members of the public. Known to his students as **Jiao Shi** (教師 — Teacher), he currently practices at Affordable Asian Medicine in Cocoa Beach, Florida.

Quick reference

PRIMARY CREDENTIAL	Acupuncture Physician (AP) — Florida Board Certified, 1997 to present
LICENSE NUMBER	AP936 (Florida Department of Health, Active)
MASTER'S DEGREE	Master of Oriental Medicine — Florida College of Integrated Medicine, 1997
DOCTORAL PROGRAM	Doctor of Chinese Energetic Medicine — Bian Hua Gong, 2019–2025
YEARS IN PRACTICE	30 years
PATIENTS CARED FOR	Over 40,000 across career
CURRENT PRACTICE	Affordable Asian Medicine, Cocoa Beach, FL
FOUNDER / CEO	Si Jin Bao, Inc. — herbaceutical company, founded 2006
TEACHING	Founder, OHO Seminars · Florida Board–approved CEU Provider
HOSPITAL SPEAKING	M.D. Anderson Cancer Center of Orlando — Nursing & Physician Grand Rounds

02 · EDUCATION

Educational Background

Two bachelor's degrees, a master's degree, and a doctoral program spanning conventional and classical traditions.

Doctor of Chinese Energetic Medicine (DCEM)

Bian Hua Gong (變化宮 — Temple of Change and Transformation) Daoist Temple

Doctoral program led by Dr. Jerry Alan Johnson, internationally recognized authority on classical Chinese energetic medicine and medical qigong. Six-year program, **2019–2025**. The DCEM is the formal doctoral credential in Chinese Energetic Medicine, integrating classical Daoist medical theory, energetic diagnostic methods, and clinical applications drawn directly from the Bian Hua Gong lineage tradition.

Master of Oriental Medicine (MOM)

Florida College of Integrated Medicine (FCIM) — Orlando, Florida

Awarded July 1997. Three-year graduate program in Traditional Chinese Medicine covering acupuncture, herbal medicine, classical theory, diagnostic methods, and clinical practice. Graduated with the Dean's Award for Academic Excellence.

Bachelor of Natural Science

Florida College of Integrated Medicine — Orlando, Florida

Awarded July 1997, concurrently with the MOM. The Bachelor of Natural Science establishes the foundation in Western anatomy, physiology, biochemistry, and pathology required for integrative clinical practice.

Bachelor of Science — Aviation Management & Flight Technology

Florida Institute of Technology — Melbourne, Florida

Awarded March 1993. Includes a Commercial Pilot License in Single & Multi-Engine Land Airplane with Instrument Ratings. Dr. Polite continues to fly today; following this degree, he went directly into graduate study at Florida College of Integrated Medicine, where his professional path in Chinese Medicine began.

03 · DOCTORAL FOCUS

Doctor of Chinese Energetic Medicine

A six-year doctoral program in classical Chinese energetic medicine, completed under Dr. Jerry Alan Johnson through the Bian Hua Gong Daoist Temple.

The Doctor of Chinese Energetic Medicine (DCEM) credential is awarded through the **Bian Hua Gong (變化宮 — Temple of Change and Transformation)** Daoist Temple. It is a formal doctoral program covering the full clinical, diagnostic, and energetic scope of classical Chinese medicine as preserved within Daoist medical lineage. Dr. Polite completed the program over six years, from 2019 through 2025, under the direction of Dr. Jerry Alan Johnson, an internationally recognized authority on classical Chinese energetic medicine and medical qigong.

What the DCEM covers

The doctoral program integrates four bodies of knowledge that conventional acupuncture education does not typically include at depth:

Classical Daoist Medical Theory. The foundational theoretical framework drawn directly from Daoist canonical texts, covering yin-yang dynamics, five-phase cosmology, and the integrated body-mind-spirit model that underlies all classical Chinese medicine.

Energetic Diagnostic Methods. Advanced diagnostic methods including pulse, tongue, channel-system assessment, energetic palpation, and the diagnostic frameworks specific to the Bian Hua Gong lineage that allow assessment of conditions that present below the threshold of Western clinical detection.

Medical Qigong. Clinical qigong methods for both practitioner cultivation and patient treatment, including the Daoist medical qigong system Dr. Johnson has formalized through decades of teaching and clinical work.

Energetic Therapeutics. Treatment methods that work directly with the body's energetic systems — including but not limited to acupuncture, herbal medicine, dietary therapy, and the broader scope of intervention that classical practice encompasses.

Lineage and standing

Dr. Jerry Alan Johnson holds lineage transmission within the Bian Hua Gong tradition and has formalized this knowledge into a structured doctoral program accessible to Western practitioners. The DCEM is one of the few credentials in the Western world that formally certifies doctoral-level training in classical Chinese energetic medicine within an authentic lineage framework. Combined with Dr. Polite's MOM and 30 years of Florida-licensed clinical practice, the DCEM establishes a depth of training that bridges contemporary Western-licensed acupuncture practice with the classical traditions from which it descends.

04 · CLINICAL INTERNSHIPS

Clinical Internship Training

Hospital-based training in both the United States and the People's Republic of China during Dr. Polite's master's-level residency.

Orlando Chinese Medical Center

Orlando, Florida — August 10, 1994 to July 1, 1997

Three-year clinical internship in Traditional Chinese Medicine concurrent with Master of Oriental Medicine coursework at FCIM. Supervised by Michael B. Miller, MD (Dean) and You Chang Hu, DTCM (Dean of Traditional Chinese Medicine). The internship covered the full scope of TCM practice: acupuncture, herbal prescription, diagnostic examination, and case management within an active clinical setting.

Yantai Yu Huang Ding Hospital (Temple Hill Hospital)

Yantai, Shandong Province, People's Republic of China — July 8 to August 8, 1996

Clinical internship at a primary-care hospital in Shandong Province during master's-level residency. Yantai Yu Huang Ding Hospital is a regional medical institution where Traditional Chinese Medicine is practiced as part of integrated primary care, alongside Western biomedical methods. Hospital director: Wen Tian, MD, DTCM. The training provided direct exposure to TCM as practiced in its country of origin within a hospital system that uses integrated diagnostic and therapeutic methods.

Why the international training matters

Most U.S.-trained acupuncture physicians complete their formal education entirely within the U.S. accreditation system. International clinical exposure during graduate training is comparatively rare and provides direct experience with how Traditional Chinese Medicine functions within an integrated hospital setting — including patient volumes, presentation patterns, and clinical outcomes that the U.S. private-practice context does not typically reproduce. This exposure informs Dr. Polite's clinical reasoning and remains relevant to his current practice.

05 · LICENSURE

Active Licensure & Board Certification

Florida Board Certified Acupuncture Physician, in continuous active good standing since 1997.

Florida Board of Acupuncture

CREDENTIAL	Acupuncture Physician (AP)
STATUS	Board Certified — Active
LICENSE NUMBER	AP936
ISSUING BODY	Florida Department of Health, Florida Board of Acupuncture
ORIGINAL DATE	August 1997
CONTINUOUS GOOD STANDING	Florida Board licensed since August 1997

Scope of Florida Acupuncture Physician credential

Florida is one of a small number of U.S. states that grant acupuncturists the formal title of *Acupuncture Physician*. Under Florida Statute Chapter 457, an Acupuncture Physician is authorized to perform acupuncture, prescribe herbal therapy, provide nutritional and dietary counseling, perform massage and physical modalities, and serve as a primary-care entry point for patients seeking Traditional Chinese Medicine. The credential requires graduation from an accredited acupuncture and Oriental medicine program, passage of state and national board examinations, and ongoing continuing education to maintain.

Continuing Education Provider Status

Dr. Polite is a **Florida Board of Acupuncture–approved Continuing Education Provider**, having authored and delivered CEU courses for licensed Florida acupuncture physicians. CE provider status is awarded only to practitioners whose teaching content has been reviewed and approved by the Florida Board of Acupuncture.

06 · TEACHING & SPEAKING

Teaching, Speaking & Educational Work

Hospital grand rounds, faculty appointments, and a body of professional and public education built across nearly three decades — including OHO Seminars, the teaching organization Dr. Polite founded.

OHO Seminars — Founder and Lead Presenter

Dr. Polite is the founder and lead presenter of **OHO Seminars**, an educational organization that delivers professional and public training in Traditional Chinese Medicine, the *Body Type System*™, herbaceutical therapy, breathwork, and integrative wellness. To his students he is known as **Jiao Shi** (教師) — Teacher. OHO Seminars maintains an active online learning center hosting both professional courses for Eastern and Western practitioners and consumer courses for individuals, families, and communities.

Hospital Grand Rounds

M.D. Anderson Cancer Center of Orlando — Nursing Grand Rounds

Invited speaker on *Cancer and Traditional Chinese Medicine*. Grand Rounds presentations are formal continuing-education sessions for hospital clinical staff and represent recognition by the institution that the speaker offers educational value to its medical professionals.

M.D. Anderson Cancer Center of Orlando — Physician Grand Rounds

Invited speaker on *Chinese Medicine*. Physician Grand Rounds presentations are the highest level of intramural medical education within a hospital, attended by attending physicians, residents, and fellows.

University & Professional Speaking

MIT Alumni Club of Orlando

Invited speaker on *Getting to the Point with Traditional Chinese Medicine*. Speaking to a technical and medical professional audience.

Faculty Appointment

Florida College of Integrated Medicine — 1998 to 2000

Faculty member at the institution where Dr. Polite earned his Master of Oriental Medicine, teaching Traditional Chinese Medicine coursework to subsequent cohorts of graduate students.

07 · CURRICULUM

OHO Seminars Course Catalog

Professional and consumer education organized into five program families, including Florida Board of Acupuncture–approved CEU offerings and free community-service courses.

Professional Courses (Eastern & Western Practitioners)

Curriculum designed for licensed acupuncture physicians, doctors of Oriental medicine, integrative-medicine MDs, naturopathic physicians, estheticians, and other clinical professionals. Several offer Florida Board of Acupuncture–approved continuing education credit; additional CEU curriculum is in active development.

For Western Practitioners

- **Introduction to Chinese Medicine** — Foundational orientation to TCM theory, diagnosis, and clinical applications for Western-trained practitioners
- **Herbaceutical & Pharmaceutical** — How Chinese herbal therapy integrates with conventional pharmaceutical practice; interactions, contraindications, and complementary use
- **Internal/External Herbaceutical** — Distinctions between internally administered and topically applied herbaceutical preparations for clinical practice

For Eastern Practitioners

- **The Body Type System™ Level 1: Introduction to Body Types & Chinese Herbal Treatment** — Foundational diagnostic and treatment framework
- **The Body Type System™ Level 2: Young & Old** — Application across pediatric and geriatric body types
- **The Body Type System™ Level 3: Destiny & Karma** — Constitutional patterns across the life cycle
- **The Body Type System™ Level 4: Geomancy** — Environmental and spatial influences on constitution
- **Traditional Chinese Medicine Approach to Esthetics** — Clinical applications in dermatology and aesthetic practice
- **Ancient Chinese Medifacial** — Specialized practitioner training for facial diagnostics and treatment
- **Halotherapy & Chinese Herbal Therapy** — Integrated approach to respiratory therapeutics with Si Jin Bao herbaceuticals

Consumer & Public Education

Programs designed to make Traditional Chinese Medicine accessible to individuals, families, and communities. Many are offered free as part of OHO Seminars' commitment to public education and prevention.

- **The Free Talk Series** — Community presentations including the Phoenix Free Talk and Orlando Free Talk / Mom & Baby Event (free)
- **The Art of Breathing** — Simple breathing technique to activate relaxation and deactivate stress (free)
- **Jammin' with Jiao Shi** — Free educational discussions with Dr. Polite (free)

- **Home Medic Course — Jia de Yisheng** — Si Jin Bao home therapeutic application training (free)
- **Dare to Decide** — Decision-making framework drawing on Chinese metaphysics
- **The Sacred Codex: Ten Pillars of Being** — Private one-on-one transformative course rooted in I-Ching, Ba Gua, and Wu Xing

Specialized Program Families

Navigating Nutrition™ + TypeMe Community — Body-Type-specific nutrition curriculum with ten distinct courses (Metal, Fire, Earth, Wood, Water — each in Yang and Yin expressions). Provides personalized dietary structure with online community support.

Harmonizing Your Training™ — Body-Type-specific exercise curriculum, ten courses paralleling the Navigating Nutrition structure. Coordinated breathing exercises and exercise prescriptions matched to each constitutional type.

Daily Dao Yin — Live morning workout combining ancient Dao Yin principles with coordinated breathing to develop endurance and breathing skill.

08 · MEDIA

Media Appearances

Television, radio, and podcast appearances spanning 27 years of public education on Traditional Chinese Medicine.

Television

America's Health Care Network (1998) — Featured guest on Alternative Medicine.

Medical Matters (2006) — Featured guest on Alternative Medicine.

Radio

Beyond Empowerment with Charlene Springer (WSTX AM 970) — Multiple appearances. Topics included Ancient Chinese Medicine Secrets, women's health and menopause, and the Body Type System (2011, 2015).

Woman Sense — Topic: Women's Health and Integrative Care (2011).

Kat and Luke Morning Show — Isle 95 FM — Topic: Body Type System (2011).

Event Horizons with Dr. Robin Falkov — *Herbaceuticals That Will Change Your Life* (April 2015). Topics: Traditional Chinese Medicine, anti-cancer support, Five Element Theory, China, acupuncture, nutrition, and the Body Type System.

Podcasts & Online Programs

All About Energy Life with Sabah — *Energy & Eastern Medicine with Dr. Kamal*. Discussion of Eastern Medicine and the Body Type System.

All About Energy Life with Jiao Shi and Sabah — Featured episode on Vertigo, Lymphedema, and GERD resolved through the Body Type System.

Boundless Spirit Radio with Charlene Springer — *Harmony and Restoration with Kamal Polite, DOM, AP, CHE*.

Clubhouse — Ancient Cooking for the Modern Era — *Food, Fuel, Fact, Fiction*. Physician's perspective on food as the body's primary fuel.

Multidimensional Workout with Sabah and 教師 Jiao Shi — YouTube series on integrating ancient movement traditions with modern energetic practice.

Beyond Empowerment with Charlene Springer — *Herbaceuticals That Will Change Your Life* (April 2015) and *The Best Kept Secret in Skincare* (April 2015).

09 · CLINICAL PRACTICE

Clinical Practice History

Thirty years of continuous Florida-licensed clinical practice spanning multiple clinical settings and over 40,000 patients cared for.

Current Practice

Affordable Asian Medicine

Cocoa Beach, Florida

Dr. Polite's current clinical practice. Affordable Asian Medicine offers comprehensive consultation services drawing on the integrated framework Dr. Polite has developed across his career — including the diagnostic methods, herbal prescribing, and clinical reasoning that inform *The Missing Half of Your Blood Test*.

Founder & Chief Herbaceutical Engineer

Si Jin Bao, Inc.

Founded 2006. Dr. Polite is Founder, CEO, and Chief Herbaceutical Engineer (CHE) of Si Jin Bao, an herbaceutical company specializing in concentrated decoctions and topical preparations. Proprietary product lines include A.I.R., Breathe Again, Croopy Cough, Upset Tummy, Revive, Schmoove, Wonderful, and Immun-A-TEA, alongside an extensive line of classical Chinese formulas in concentrated form. Several of these formulations originated in Dr. Polite's earlier clinical work prior to the formal founding of Si Jin Bao. Today, Si Jin Bao products are used by physicians and integrative practitioners across the United States and internationally.

Prior Clinical Practices

Oriental Holistic Options, Inc. — Founder and Acupuncture Physician

Winter Park, Florida · 1997 to 2009

Dr. Polite's first clinical practice, founded the year of his graduation from FCIM. The practice operated for twelve years as a primary clinical home through which his approach was developed.

The Franz Center, Inc. — Acupuncture Physician

Orlando, Florida · 1998 to 2004

Concurrent clinical role within Dr. Franz's medical practice. The arrangement — Dr. Polite operating his acupuncture practice inside Dr. Franz's office — is recognized as one of the first interdisciplinary practices of Western medicine and Traditional Chinese Medicine in Central Florida, predating the broader integrative-medicine movement by more than a decade.

A Better Health Solution, Inc. — Founder and Acupuncture Physician

Winter Park, Florida · 2004 to 2009

Second founded clinical practice, operating concurrently with Oriental Holistic Options.

Practice Metrics

Across 30 years of continuous clinical practice, Dr. Polite has cared for **over 40,000 patients**, developed proprietary clinical frameworks including the 12 Body Type System™, and authored over 25 distinct herbal formulations.

10 · SPECIAL TRAINING

Additional Training & Disciplines

Internal martial arts and qigong training that informs both clinical practice and the broader integrated approach.

Internal Martial Arts

太極拳 **Tai Ji Quan**

- 楊氏 Yang Style — Short Form (24 movements)
- 陳家 Chen Style (Chen Fa Ke lineage)

形意拳 **Xing Yi Quan** — Form/Intention Boxing

八卦掌 **Ba Gua Zhang** — Eight Trigram Palm (Dragon Style)

Qigong (氣功)

十八式 **Shi Ba Shi** — 18 Methods

六字訣 **Liu Zi Jue** — Six Healing Sounds

金山功 **Jin Shan Gong** — Golden Mountain Qigong

Why this training matters clinically

Internal martial arts and qigong training are not separate from clinical Chinese medicine — they are foundational to it. The energetic-diagnostic and energetic-therapeutic methods covered in the DCEM require the practitioner's own cultivated sensitivity to the qualities being assessed in patients. Dr. Polite's training in Tai Ji Quan, Xing Yi Quan, Ba Gua Zhang, and the qigong systems above develops the cultivated awareness that classical clinical practice requires — and that distinguishes practitioners trained in classical lineages from those trained in technique-only programs.

Aviation

Commercial Pilot License — Single & Multi-Engine Land, Airplane with Instrument Ratings. Earned in 1993 as part of Dr. Polite's first bachelor's degree. He continues to fly today.

11 · CONTACT

Professional Contact & References

Direct contact information for media, professional inquiries, and credential verification.

Clinical Practice

Affordable Asian Medicine

Cocoa Beach, Florida

Web: www.affordableasianmedicine.org

Contact: support@affordableasianmedicineconsultants.org

Publishing & Media

OHO Publishing

Publisher of *The Missing Half of Your Blood Test*

Web: ohoseminars.com

Media contact: press@ohoseminars.com

Herbaceutical Company

Si Jin Bao, Inc. — Founder, CEO, Chief Herbaceutical Engineer

Media contact: sjbteam@sijinbao.com

Web: www.sijinbao.com

Credential Verification

Florida Department of Health — Florida Board of Acupuncture

License lookup: floridahealth.gov — License number AP936

Active status, continuous good standing since August 1997.

This dossier has been prepared by OHO Publishing for documentary reference. All credentials, licenses, presentations, and clinical history are verifiable through the institutions named.